

Dear Concord Recreation & Beede Center Families,

Following the guidelines set by Governor Baker and the CDC, Concord Recreation will suspend all existing (non-virtual) programs until at least June 29. The Beede Center, White Pond Beach and the Concord Visitor's Center will remain closed until further notice.

**Program Refunds:**

All programs impacted will be issued a refund, The Beede Swim & Fitness Center will continue to manage membership with a \$1 monthly charge for any recurring memberships and will push back the date which annual, monthly or pass card membership dues are due. Information regarding specific programming will be communicated to registered participants by email, if you have questions for the Department please email us [Concordrec@concordma.gov](mailto:Concordrec@concordma.gov).

Please continue to follow the Town of Concord website for the Town's most recent updates to COVID-19 <https://concordma.gov/2561/Coronavirus-2019-COVID19>.

The Concord Recreation team continues to focus our efforts on providing programs and services consistent with our mission –“Supporting and promoting community through wellness and play”. We encourage everyone to engage in regular physical activity as physical and mental well-being is one of the most important things we need to preserve during this time. Spending time outdoors, especially in green spaces, is a quick ways to improve your health and happiness (Time Magazine) and Concord has many great resources that folks are able to achieve this. That being said, we need to also remind you that while Concord's playgrounds and play structures remain closed, taking a walk or getting out to enjoy the fields is fine. At this time, specific athletic fields are closed to group gatherings and for sporting activities/events, but there are ways you can practice your sport of choice either alone or with those in your household to keep your skills up.

**Getting back to business:**

Our full intention is to return to Recreation programs and reopen our facilities in a safe manner with guidance from the Governor's office, CDC, local Board of Health and permission from the Town Manager's office. Here are some actions being taken by your Recreation team to prepare for potential reopening scenarios.

**Financial Assistance-**

Concord Recreation would like to remind all Concord Residents and Concord-Carlisle Regional School District students that financial assistance is available for programs, camps, clinics, and the Beede Swim and Fitness Memberships. To apply for assistance, please visit <http://concordrec.com/237/Financial-Assistance>.

**Summer Camps -**

Summer Camp staff are currently being interviewed and hired pending the re-opening of summer

camps. The Camp Director, along with Recreation Supervisor Mardi Hutchinson, are evaluating different scenarios for the summer camp operation should we need to deviate from our 'traditional' formats. Specifically, we are working hard on developing new social distancing concepts for staff and participants with CDC and Board of Health guidance. Recreation staff remain actively involved in regional and national discussion regarding approaches to safely running camps this summer once given the go-ahead to open. Concord Recreation is excited to offer our customers the ability to reserve a spot in one of our many summer camps for a \$75 deposit per week (\$20 for AM, PM, AM/PM care) instead of paying in full at this time. Camp balances will be due two weeks prior to the camp start date and email reminders will go out to remind you to pay your balance online. We are in this together and hope this deposit feature will help ease your mind as you consider joining us for camp this year. If camp should be cancelled or delayed or if your situation changes after you've registered, refunds will be processed with no cancellation fee. To learn more about camps, visit <https://concordrec.myrec.com/info/activities/default.aspx?CategoryID=1547&type=activities>.

#### Beede Swim & Fitness -

The Beede team is educating themselves on best practices for reopening swim and fitness facilities as recommended by the CDC and the National Swim & Fitness industry, at large. We are reviewing cleaning practices and learning about other strategies that will help assure that our facility is safe and ready for our members. Our goal is to reopen as soon as it is reasonable to do so.

#### White Pond -

The opening of White Pond Beach will be determined by the Board of Health, consistent with the messages of the Governor's office. Currently, summer beach staff are being interviewed and hired so that when we are able to open the beach, the transition is seamless. We are continuing to prepare the facility for our opening and look forward to sharing information with members about updates to the beach as soon as we are able.

#### Carousel Preschool -

With the Governor's closure of schools and child care centers in the Commonwealth for the remainder of the school year, Carousel preschool will not reopen until at least September. The Childcare Administration is working hard to create virtual yearbooks for students and are preparing the plans for those that are transferring to Kindergarten in the fall. Teaching staff will be cleaning out their classrooms in the coming weeks and will simultaneously come up with a plan for parents to collect their children's belongings and projects. If you are in need of Carousel Preschool for the next school year, we encourage you to register online by visiting

#### Before/AfterSchool and Terrific Tuesdays -

Refunds were issued for the number of days that were missed in March due to COVID-19 and fees were not charged for April or May. Registration is underway for school year 2020-2021 and spots are filling fast. If you are in need of Before/After School care for the next school year, we encourage you to register online by visiting <https://concordrec.myrec.com/info/activities/default.aspx?CategoryID=1546&type=activities>. Questions can be directed to Anita Stevanazzi-Hill, Childcare Manager, at [ahill@concordma.gov](mailto:ahill@concordma.gov).

#### Staying Active:

Concord Recreation and the Beede Swim and Fitness Center will continue to offer virtual programs and training to help you stay as healthy and busy as possible while staying at home. The Concord Recreation Facebook page is a great resource for weekly fitness and childcare activity ideas and our staff are always available if you have questions or need help coming up with ideas to stay active. As of now, we are excited to be offering the following:

### Beede Swim & Fitness Virtual Group Exercise-

Online Group Exercise classes are being offered via Zoom Monday-Friday for \$5 per class for members and \$10 per class for non-members. Registration is available online by visiting this link: [https://concordrec.myrec.com/info/activities/program\\_details.aspx?ProgramID=30076](https://concordrec.myrec.com/info/activities/program_details.aspx?ProgramID=30076). Here is the current schedule (as of April 27th):

- Monday – Peter / Gentle Flow Yoga 9am
- Tuesday – Laurel / Small Group Training @ 8am
- Tuesday – Lisa / Yoga Stretch & Strength @ 9am
- Tuesday – Lori / Pilates @ 10am
- Thursday – Laurel / Small Group Training @ 8am
- Friday – Lori / Barre @ 7am
- Friday – Peter / Gentle Flow Yoga @ 9am

### Beede Swim & Fitness Virtual Personal Training-

Beede Center Personal Trainers Jeff Cobb and Brian Kallagher are available to connect and talk good health with anyone who may be looking for a virtual personal training session. For more information, please contact Jeff at [jcobb@concordma.gov](mailto:jcobb@concordma.gov) or Brian at [bkallagher@concordma.gov](mailto:bkallagher@concordma.gov).

### \*COMING SOON\* Concord to Concord: Family Walking Challenge-

Watch for our coming challenge that will get you walking all the way to Concord, NH...virtually, that is! We challenge you and your family to walk the 63 miles from Concord, MA to Concord, NH around your neighborhood, town, yard or wherever you walk. Remember to be aware of social distancing while you get your 63 miles in. For more information and to register, please visit <https://www.concordrec.com/>.

We miss you, we miss our community and we miss being able to add to your lives in ways that are enriching, personable, and meaningful. We are using this time to brainstorm new initiatives and new ways that we can be an essential part of your lives the minute we are allowed to return to our regular operations. We can't wait to have you back in our classrooms, gymnasium, pools and courts. We are all in this together.